**SSR+**

Silent Sustained Reading+ is an activity designed to help increase your reading fluency (number of pages read in a setting), reading stamina (amount of time focused on reading) and reading agency (willingness). There will be three components to the activity and you will be scored on your participation and reflection.

**Reading:** At the beginning of class you will be expected to silent read for the time interval determined by the class. This time interval will gradually be increased to increase reading stamina.

**Writing**: Reading of an SSR+ book will be followed with recordkeeping and completion of a metacognitive log (thinking about your thinking).

**Talking:** There will be informal classroom book talks and more formal Book Projects.

**Requirements**:

* You must read a book (no magazines, newspapers or comic books).
* It must have more words than pictures.
* It must be something you are interested in.
* It must be something your parents would allow you to read, if asked.
* It must not be a book you are reading for another class (AIS).

**Ground Rules**:

* If you leave your book at home, choose another one from the shelf for the day.
* Stay in your seat so others aren’t distracted.
* Do not do homework.
* Do not talk.
* Do not sleep
* Do your best to read for the whole time.
* Write in your SSR+ metacognitive log when we finish.
* Read at least two hundred pages per month, preferably in the same book.
  + You must give a new book a “ten-page chance.”
* Complete and present a Book Project for each book.
* Set goals for yourself and reflect on how you are meeting them at the end of each book.

**SSR+ Participation Rubric**

\_\_\_\_\_ Coming to class with SSR+ books and materials

\_\_\_\_\_ Reading during SSR+ time

\_\_\_\_\_ Completing SSR+ metacognitive log entries

\_\_\_\_\_ Participating in small group and whole class conversations about books

\_\_\_\_\_ Reading for SSR+ homework as assigned or needed

\_\_\_\_\_ Completing one book per month, or at least two hundred pages

\_\_\_\_\_ Completing reflection letters as assigned

\_\_\_\_\_ Completing a book project for each book read

\_\_\_\_\_ Making progress toward personal reading goals

**Daily Reading Log**

Introduction Questions:

1. What is the book title? Author? Number of pages?
2. Why were you interested in the book?
3. What is the book’s lexile?
4. How many minutes/day do you read currently? (Give break down for each reading activity and total number of minutes. For example: 10 minutes in history, 15 minutes in English, 15 minutes at home online articles. Total 40 minutes per day.)
5. What goal would you like to set for yourself each day?

(Possible) Daily Reading Questions:

1. I felt confused when…and so I…
2. I was distracted by…but then I…
3. I started to think about…and so I…
4. I got stuck when…What I did was…
5. The time went quickly because…
6. I remembered that earlier in the text…
7. A word/some words I did not know:
8. I stopped because…What I did next was…
9. I lost track of everything except…
10. I figured out that…
11. I first thought…but then realized…
12. I finally understood…because…

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Date | Book Title | Minutes ACTIVELY engaged in reading | Response to daily question | Any other comments/questions about book at this point |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

**Class Norms**

**SSR+ Metacognitive Log**

**Book Title** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**Author** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Total Pages in Book** \_\_\_\_\_\_\_\_\_\_

Date \_\_\_\_\_\_\_\_\_\_ Page I started on \_\_\_\_\_ and ended on \_\_\_\_\_\_

Minutes I was actively engaged in reading \_\_\_\_\_\_

**Observations About *How* I Read**

**Book Title** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Author** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Total Pages in Book** \_\_\_\_\_\_\_\_\_\_

Date \_\_\_\_\_\_\_\_\_\_ Page I started on \_\_\_\_\_ and ended on \_\_\_\_\_\_

Minutes I was actively engaged in reading \_\_\_\_\_\_

**Observations About *How* I Read**